

SIGGI'S SKYR 0% NON-FAT YOGURT				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Raspberry	150g	11g	YES
	Strawberry	150g	11g	YES
	Peach	150g	11g	YES
	Blueberry	150g	10g	YES
	Orange and Ginger	150g	9g	YES
	Vanilla	150g	9g	YES
	Mixed Berry and Acai	150g	11g	YES

\*Disclaimer: the nutrition information for these lists was compiled using available information from manufacturer websites. Partners in Quality Care has published these lists as a resource and is not liable for any errors. CACFP operators are encouraged to use the original package labels.

	Plain	150g	3g	YES
<b>SIGGI'S SKYR 0% NON-FAT YOGURT 24OZ CONTAINER</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Plain	227g	5g	YES
	Vanilla	227g	14g	YES
<b>SIGGI'S SKYR 2% LOW-FAT YOGURT</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Coconut	150g	11g	YES
	Black Cherry	150g	10g	YES
	Lingonberry & Strawberry	150g	10g	YES

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	Spiced Pear	150g	10g	YES
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## SIGGI'S SKYR 4% WHOLE-MILK YOGURT

	Flavor	Serving Size	Grams of Sugar	Creditable
	Mixed Berries	125g	8g	YES
	Strawberry & Rhubarb	125g	8g	YES
	Vanilla	125g	8g	YES
	Blueberry	125g	8g	YES
	Mango	125g	8g	YES

## SIGGI'S SKYR 4% WHOLE-MILK YOGURT 24OZ CONTAINER

	Flavor	Serving Size	Grams of Sugar	Creditable
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	Plain	227g	5g	YES
<b>SIGGI'S TUBES</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Blueberry	57g	5g	YES
	Strawberry	57g	5g	YES

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